



nebraska
health care association



nebraska
assisted living association

advocate. educate. support.

VIDEO LENDING LIBRARY



VIDEO CATEGORIES:

Abuse Prevention • Administration • Age-Related Issues • Dementia/Mental Health
Long Term Care Issues • Medication Administration • Nursing • Nursing Assistant Skills
Resident Rights • Safety/Risk Management

All videos have been approved by Nebraska Health and Human Services for use
as supplemental educational tools for the Basic Nursing Assistant Training Manual.



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Video Lending Library Catalog

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Video Lending Library Catalog

Introduction

As a member service, the Nebraska Health Care Association (NHCA) provides a library of training materials on videotape/DVD. These materials are also available to non-members. It is our hope that you will find the materials listed to be of assistance to you in the successful operation of your facility/agency, especially in the area of inservice training and education.

Members of the Nebraska Health Care Association may rent videotapes and DVDs for the cost of postage, mailing supplies, and a **\$2 per videotape/DVD rental fee**. An invoice will be included with the rental order. Non-members may rent videotapes/DVDs at the cost of **\$12 per videotape/DVD** plus the cost of postage and mailing supplies. Non-member rentals must be paid for in advance.

Videotapes/DVDs are loaned for a period of ten (10) days. The ten days start from the day of shipment. To avoid late fees, the item must be postmarked ten (10) days from the date on the invoice. Late charges are assessed at the rate of **\$5 per day per videotape/DVD**. We ask that you are prompt in returning all videotapes/DVDs so we may fulfill the many requests received. Loans may be renewed by calling the NHCA office; however, loan renewals can be accommodated only if the videotape/DVD is not previously reserved.

PLEASE NOTE: YOU are responsible for the cost of replacing videotapes/DVDs if they are lost or stolen. Replacement costs may vary. Please insure each videotape/DVD for a minimum of \$300 when returning them to NHCA. Materials will be thoroughly inspected upon return to NHCA. A fee will be charged for lost materials, either in whole or in part, or those damaged beyond normal wear. The fee will be based on cost of replacement or repair.

Return videotapes/DVDs to: Nebraska Health Care Association
Nebraska Assisted Living Association
3900 NW 12th St Ste 100
Lincoln NE 68521-3037

For questions, call: 402-435-3551

View and/or print this catalog at www.nehca.org/video_lib/

Video Lending Library Catalog

Category: Abuse Prevention

Number	Title	Description
146	Caregiver Stress Triggers	Videotape. VideoPress, University of Maryland School of Medicine. This video shows several resident behaviors that could trigger stress reactions in caregivers. It is a good introduction to the subject for stimulating discussion on resident abuse, stress management, and other topics. Appropriate for all staff in long term care. (27:00; 2000)
173	Elder Abuse and Neglect: Show You Care	Videotape. Coastal. This is a must-see video for facility managers and administrators committed to providing optimum quality care for patients or residents. The video is designed to alert all employees to the warning signs of elder abuse and provide information on how to report suspicious behavior. The video explores subtle forms of abuse, various types of abuse, and provides an avenue to discuss your facility's abuse assessment and reporting policies. (20:00; 1999)
134	Preventing and Managing Workplace Violence: Staff Training	Videotape. ElderCare Communications. This video teaches all levels of staff key violence prevention techniques as well as appropriate responses to all levels of violent behavior. Used in conjunction with the enclosed facilitator guide. Creates a stimulating one-hour training session using situations and settings typical of those staff face every day. (30:00; 1998)
148	Preventing and Reducing Negative and Abusive Responses	Videotape. VideoPress, University of Maryland School of Medicine. Positive management strategies for responding to negative/abusive resident behaviors is the subject of this video. It gives staff opportunities to problem solve and observe positive role models for the management of difficult behaviors. Appropriate for all levels of long term care staff. (26:00; 2000)
258	When Tempers Flare: A Guide to Understanding and Managing Anger	New to the lending library in 2010. DVD. Paraclete Press. Anger is an emotion that is often expressed in extremes. Some people avoid showing anger at all costs while others explode in rage and even violence. This video explores why and how we experience anger and offers practical strategies for expressing anger in constructive rather than destructive ways. (30:00; 2004)

Category: Administration

Number	Title	Description
172	Be Informed, Be Aware, Be Involved	Videotape. This video describes, in very simple terms, the public's role in preventing and correcting Medicare and Medicaid fraud. Appropriate for families and public groups. (12:00; 2001)
167	Compliance Is Everybody's Business: Tape 1—Overview	Videotape. Care Source Communications. First in a series of four videos covering the essential elements of a corporate compliance program. It is designed to train staff on all the elements the Office of Inspector General expects to be included in a compliance program. It is appropriate for all levels of staff and includes a presenter's guide. (2000)
168	Compliance Is Everybody's Business: Tape 2—Coding, Billing, and Documentation	Videotape. Care Source Communications. The second in a series of four videos covering the essential elements of a corporate compliance program. It is designed to train staff on all the elements the Office of Inspector General expects to be included in a compliance program. It is appropriate for all levels of staff and includes a presenter's guide. (2000)
169	Compliance Is Everybody's Business: Tape 3—Relationships with Physicians and Vendors	Videotape. Care Source Communications. The third in a series of four videos covering the essential elements of a corporate compliance program. It is designed to train staff on all the elements the Office of Inspector General expects to be included in a compliance program. It is appropriate for all levels of staff and includes a presenter's guide. (2000)
170	Compliance Is Everybody's Business: Tape 4—Quality Care and Residents' Rights	Videotape. Care Source Communications. The fourth in a series of four videos covering the essential elements of a corporate compliance program. It is designed to train staff on all the elements the Office of Inspector General expects to be included in a compliance program. It is appropriate for all levels of staff and includes a presenter's guide. (2000)
271	Delivering Excellent Customer Service in the Long-Term Care Environment	<u>New to the lending library in 2011.</u> DVD. ElderCare Communications. Caregivers in long term care provide service to residents. Residents notice when caregivers take an interest in their well being. They also notice when staff is simply going through the motions. Family also notices the difference. This program focuses on the importance of the customer in long term care, who your customers are and what they expect from you, how to consistently provide quality customer service, and customer service concepts specific to long term care. (25:00; 2009)
176	HIPAA Administration Simplification	Videotape. Centers for Medicare and Medicaid Services, June 2002. Should be a good review if administration is current with HIPAA compliance activities. Information is fairly easy to understand considering the complexity of the subject. Could break into two viewings if the hour gets too long. Good Web site and other resources are referenced and demonstrated. (67:30; 2002)
178	HIPAA: Privacy in Long Term Care	Videotape. Coastal. This 19-minute video gives a clear overview of how the new HIPAA Privacy Rule affects long term care. Topics covered include protected health information, use and disclosure, consent and authorization, and recommendations for compliance. Appropriate for all staff in a long term care facility. (19:00; 2003)
261	I Can't Breathe. A Smoker's Story	New to the lending library in 2010. DVD. CDC. This DVD relates the personal story about a woman diagnosed with emphysema at age 24 including her journey through teen smoking and the media influence. The effects of emphysema and actual lung tissue effects are shown. The DVD also discusses the woman's lung transplant to treat her emphysema and its effects. (20:00; date unknown)
262	Media Sharp: Analyzing Tobacco and Alcohol Messages	New to the lending library in 2010. DVD. CDC. This DVD analyzes the media impact on tobacco and alcohol and learning to read and understand media messages. Emphasis is directed at the younger audience and can be set up as a discussion video. (7:00; date unknown)
260	Secondhand Smoke: Triumphs and Tragedies	New to the lending library in 2010. DVD. CDC. This community and workplace awareness video depicts the effects of secondhand smoke in public areas and in the workplace. It effectively places emphasis on employer responsibilities and employee, community, and child benefits. (12:00; date unknown)

Category: Administration

Number	Title	Description
264	Secrets Through the Smoke	New to the lending library in 2010. DVD. CDC. Dr. Jeffery Wigand shares his experiences about the tobacco industry's manipulation of the truth. This three-part video can be used as an education and discussion forum for community change. (52:00; date unknown)
266	The Big Uneasy: Katrina's Unsung Heroes	New to the lending library in 2010. DVD. B & F Consulting. This DVD explores needs and disaster preparedness using true examples about one of the worst natural disasters in the United States, Hurricane Katrina. This DVD discusses preparations before, during, and after the disaster and discusses decisions to evacuate or to shelter in place. Staff, supply issues, locations, infection control, and psychological needs are explored. Staff and family issues, FEMA response, and the commitment of the staff to the residents and the facility to the staff are explored. Organizational and management practices are demonstrated throughout the video. A facilitator's guide is included. (46:00; 2009)
273	VIVE Video on Interviewing Vulnerable Elders	<u>New to the lending library in 2011.</u> DVD. CMS. This video looks at the systematic inclusion of resident voice through direct interviews representing an enormous advance in the Minimum Data Set 3.0. (20:00; 2010)
263	Women and Tobacco: Seven Deadly Myths	New to the lending library in 2010. DVD. CDC. Smoking takes a deadly toll on women and the people they love. This video explores the myths about smoking and empowers women to become or stay smoke free. (17:00; date unknown)

Category: Age-Related Issues

Number	Title	Description
226	Aging Sensitivity... The Mind is Willing, the Body is Weak	Videotape. Senior Living University. This video (VHS) looks at physical and emotional realities of aging. It views the aging process from the older adults' perspective. The video assists the viewer to gain a better understanding of losses that the elderly experience. (12:50; 1998)
145	Beyond Death's Door	Videotape. Paraclete Video Productions. A documentary of the grief experience. Useful to stimulate discussion and educate about grief. Appropriate for staff, family, and volunteers. (35:00; 1999)
065	Death and Dying—The Elderly	Videotape. Medcom Trainex. An overview of strategies to be used in assisting elderly residents to deal with death and dying. Useful for all levels of nursing, social services, and activities staff. (17:00; 1983)
238	Exercise: A video from the National Institute on Aging	DVD. National Institute on Aging. This DVD provides a complete set of directions and exercise routines for the older adult. It includes stretching, balance, and strength-building low-impact exercises. (48:00; date unknown)
239	Freedom of Sexual Expression	DVD. Terra Nova Films, Inc. Sexuality and intimacy are looked at as basic human rights that should not be denied simply because a person has a level of decreased cognizance and lives in a nursing home. The DVD tastefully shows various sexual expressions, the effect of those expressions on the residents and those around them, and methods to allow freedom of sexual expression while maintaining a comfortable environment for other residents and staff. This DVD gives staff members effective strategies to deal with inappropriate sexual behaviors, encourages family members to understand and respect their loved one's continued need for intimacy, and provides sample policies and procedures on residents' rights regarding sexual expression and physical protection. (16:00; date unknown)
213	Sex and Sexuality in Long Term Care	Videotape. Developed by AHCA. A comprehensive training program designed to train caregivers to help older adults live in an environment that respects their right to make choices about their personal lives. Your staff will gain a better understanding of older people's intimacy, sensuality, and sexual needs. It emphasizes appropriate responses, interventions, and counseling techniques. The kit contains four complete training modules including a video for each. Appropriate for licensed staff, direct care staff, volunteers, families, and residents. (2000)
024	The Natural Process of Aging	Videotape. Medcom Trainex. Discusses the effects of aging on each body system. Appropriate for all facility staff. (29:00; 1993)
089	The World Through Their Eyes	Videotape. The Lighthouse Inc. Designed to sensitize long term care staff to the needs of residents with impaired vision. Describes changes in the healthy aging eye and also vision losses due to disease. Gives staff ideas for creating a more functional environment. (22:00; 1994)
234	Vision Awareness Staff Training Program	DVD. The Lighthouse and the Jewish Guild for the Blind. This program is a complete inservice training program to provide information to direct care staff in long term care facilities on vision awareness. The topics include normal aging vision and common disorders of vision. It includes handouts, overheads, pretests and post tests, implementation forms, and the DVD, "The World Through Their Eyes." (2004)
109	When People with Developmental Disabilities Age	Videotape. New York State DDPC. Comprehensive overview of the physical and emotional needs of the developmentally disabled population as it ages. Appropriate for professional staff, direct care staff, volunteers, and families. (18:00; 1997)

Category: Dementia/Mental Health

Number	Title	Description
082	A Day in the Life of Nancy Moore	Videotape. Duke University Medical Center in Durham. This video follows a nursing assistant through a full shift in caring for persons with Alzheimer's disease in a special care unit. The theme of the video is the recognition of the critical role of the nursing assistant in determining quality of care. (28:00; date unknown)
232	Agitation... It's a Sign	Videotape. Senior Living University. This video provides a guide to understanding the causes behind agitated behavior. It includes some best practices to help the resident. (14:42; 1997)
000	Alzheimer's Disease Series (Tape numbers 067 through 076. Order by the tape number.)	Videotape. Alzheimer's Disease Research Center. Series of ten videos on managing the behaviors of residents with Alzheimer's disease or related disorders. It uses a simple ABC approach to assessing and responding to problem behaviors in an appropriate manner. The series is appropriate for all staff, families, and home care staff. You may want to use one, several, or all of the series at one time. (Total viewing time for all 10 videos is 2 hours and 53 minutes; date unknown)
069	Alzheimer's Disease Series: ABCs—An Introduction	Videotape. Defines specific behavior problems and describes the ABC system for assessing and managing behaviors. (15:10; date unknown)
067	Alzheimer's Disease Series: Alzheimer's Disease and Related Diseases (Overview Part I)	Videotape. Defines Alzheimer's disease and related disorders, incidence, etiology, signs and symptoms, and diagnosis and treatment. (17:33; date unknown)
076	Alzheimer's Disease Series: Caregiver Issues	Videotape. Includes community resources, self care, and the emotional impact upon the family and other caregivers. (32:39; date unknown)
068	Alzheimer's Disease Series: Delirium and Depression (Overview Part II)	Videotape. Defines delirium and depression, etiology, and signs and symptoms. (15:25; date unknown)
070	Alzheimer's Disease Series: Managing Aggressive Behaviors	Videotape. Anger and irritation and catastrophic reactions. (18:58; date unknown)
074	Alzheimer's Disease Series: Managing Difficult Behaviors	Videotape. Wandering and inappropriate sexual behaviors. (16:00; date unknown)
075	Alzheimer's Disease Series: Managing Difficult Behaviors	Videotape. Depression. (21:40; date unknown)
073	Alzheimer's Disease Series: Managing Personal Hygiene	Videotape. Bathing and dressing. (13:00; date unknown)
072	Alzheimer's Disease Series: Managing Psychotic Behaviors	Videotape. Hallucinations/delusions/paranoia and suspiciousness. (13:51; date unknown)
071	Alzheimer's Disease Series: Managing Psychotic Behaviors	Videotape. Language deficits. (8:09; date unknown)
183	Bon Appetit—How to Create Meaningful Mealtimes (2 Tapes)	Videotape. In Tape 1, the emphasis is on creating meaningful mealtimes for residents with dementia. This video offers an excellent explanation of how dementia affects memory, perception, language, judgment, etc., with examples. It presents ten commandments of communicating with dementia residents. Tape 2 discusses ways to assess dining abilities of residents with dementia. It demonstrates specific techniques for assisting residents with feeding and strategies to create a more homelike atmosphere in the dining room. (Tape 1—22:00; Tape 2—20:00; 2002) Additional Resource: The book, "Bon Appetit, The Joy of Dining in Long Term Care" (270.27 NU) can be checked out of NHCA's Resource Library. Chapter titles include Dining Environment, The Food We Serve, Preserving Autonomy, and Staff Training and Motivation. The book contains recipes and assessment tools that can be used without permission (refer to copyright note in front of book).

Category: Dementia/Mental Health

Number	Title	Description
186	Combative Residents: Mirror Their Reality	Videotape. Coastal. This video provides a comprehensive discussion involving combative behavior in the long term care setting. The video includes problems, causes, and forms of combative behavior. It includes keys to successful management of combative behavior as well as dealing with combative incidents. A supplemental booklet accompanies the video. (23:00; 1997)
120	Compassionate Touch: Benefits and Effects in Alzheimer's Care	Videotape. Allen Touch Production. This video includes ideas for both the professional and home caregiver on how to utilize skilled touch in relating to and caring for those living with Alzheimer's Disease. Demonstrates some basic principles of touch therapy which could be used in any setting. Appropriate for the lay caregiver as well as assisted living and nursing facility staff, families, and volunteers. (27:00; 1995)
101	Dealing with Alzheimer's Disease: A Common Sense Approach to Communication	Videotape. Terra Nova Films. Good introduction or review of working with persons with dementia. Appropriate for all staff and family members of assisted living and nursing facilities. (21:00; 1996)
189	Dementia and Alzheimer's Caregiving: Through the Looking Glass	Videotape. Coastal. This video is a dramatic and compelling program that provides practical and creative problem-solving techniques when dealing with dementia patients. Creative ideas to deal with issues revolving around ADLs and methods to minimize aggressiveness and wandering are included. The video presentation is very effective. A supplemental booklet accompanies the video. (20:00; 2002)
272	Dementia in Long-Term Care: Communicating with Residents	New to the lending library in 2011. DVD. ElderCare Communications. This DVD focuses on communicating with residents with dementia in order to meet their care giving needs. Caregivers can help by understanding residents' capabilities and limitations, then using that knowledge to help provide individualized care. This program focuses on communication difficulties associated with dementia and verbal and nonverbal techniques to bridge the communication gap with residents with dementia. (23:00; 2009)
210	Depression and the Elderly	Videotape. Terra Nova Films. Depression is the most prevalent mental disorder of later life. This video describes the symptoms of depression, cites common causes, and demonstrates interventions appropriate for the depressed elderly. Appropriate for all nursing staff, social workers, and activity personnel. (28:00; date unknown)
100	Dress Him While He Walks: Management in Caring for Residents with Alzheimer's	Videotape. Terra Nova Films. Enhances an understanding and acceptance of behaviors associated with dementia and management of those behaviors. Appropriate for all assisted living and nursing home staff. (19:00; 1996)
205	Facing Another Tomorrow — Making a Difference in the Life of Dementia Patients: Caring for a Loved One with Dementia	Videotape. ACCELMED. (Part two of a two-part series) The emphasis of this video is on reducing caregiver burden. Types and stages of dementia are reviewed. Nonpharmacological and pharmacological treatments of dementia are reviewed. Caregiver support and educational needs are discussed. Day-to-day management of dementia including eating, dressing, bathing, driving, finances, communication, exercise, activities, and safety is included. This video also discusses legal paperwork for documents such as a will, a living will, healthcare representative, and power of attorney. This video is appropriate for direct care staff and families. (35:00; 2004)
204	Facing Another Tomorrow — Making a Difference in the Life of Dementia Patients: Managing and Treating Dementia Patients	Videotape. ACCELMED. (Part one of a two-part series) This video provides an overview of types of dementia using a case management approach and discusses managing behavioral symptoms utilizing nonpharmacological and pharmacological approaches. Emphasis is placed on assessment and documentation using MDS and RAP tools. This video also discusses information needed by the physician prior to contacting to assist in providing optimal care and treatment when a change occurs. (35:00; 2004)
080	Grace	Videotape. Video Press, University of Maryland at Baltimore, School of Medicine. Follows the life of Grace Kirkland, suffering from Alzheimer's disease, and the caregiving efforts of her husband. Chronicles seven years of the life of an Alzheimer's victim. Appropriate inspirational and educational tool for all levels of staff, family, and volunteers. (58:00; date unknown)

Category: Dementia/Mental Health

Number	Title	Description
231	Managing Difficult Resident Behavior	Videotape. Care Source. This video covers three topics: background of behavior, preventing and managing problem behavior, and responding safely to unpredictable or dangerous behavior. It provides good scenarios and examples of potentially problematic behaviors commonly seen in long term care facilities. (20:00; 1997)
192	Mentors in Memory (Second Edition)	Videotape. This educational program is designed especially for nurses and nursing assistants to aid in the recognition and management of dementia. The program includes workbooks and self-study guides to assist in the comprehensive assessment and treatment of dementia-affected residents. It includes several practical tools for assessment. (Nurses: 26:00; 2004) (Nursing Assistants: 16:00; 2004)
119	Moving Back Into the Light	Videotape. National Mental Health Association. This video helps to dispel the myths and correct misconceptions about depression and its treatment. Produced for patients but is appropriate for staff education and self-care discussions. (15:00; 1993)
237	Palliative Care for Advanced Dementia	DVD. Alzheimer's Association Desert Southwest Chapter. This DVD is a seven-part series that uses a descriptive process using real life scenarios that demonstrate palliative care philosophy and highly effective processes in a dementia care unit. The DVD demonstrates practical interventions and compares approaches to care of residents with dementia. The DVD may be stopped between modules for review questions and discussion. The topics include: (1) Dementia and Its Demands, (2) The Palliative Care Culture, (3) Basic Comforts, (4) Assess and Address Pain, (5) The Comfort of Bathing, (6) The Comfort of Food, and (7) Simple Pleasures. (53:00; 2006)
057	Tardive Dyskinesia Series	Videotape. Series contains two training videos for the DISCUS assessment tool for Tardive Dyskinesia. The videos are accompanied by a manual and the form used to document the results of the assessment. The first video defines and demonstrates the signs assessed and the rating scale used. On the second tape, actual testing and results are viewed. Appropriate for nurses, psychologists, physicians, social workers, and mental health care workers. Tape 1—Measuring and Monitoring Abnormal Involuntary Movement (40:00). Tape 2—Sample Discus Assessments (60:00; date unknown).
223	The Confused Resident: Strategies for Quality Care	DVD. Medcom/Trainex. This DVD illustrates the characteristic problems of dementia including memory loss, catastrophic reaction, communication problems, loss of coordination, and depression. It demonstrates interventions such as distracting the person from the negative behavior and simplifying tasks. (29:15; 2003)
233	Wandering... Is It a Problem?	Videotape. Senior Living University. This video is a guide to understanding wandering, a common behavior. Preventive actions, security, interventions, and redirection are presented. (14:19; 1997)

Category: Long Term Care Issues

Number	Title	Description
122	A Prescription for Caregivers	Videotape. Terra Nova Films. Filmed in front of a live audience of caregivers, this video is packed with humor and stories from real life. Topics include heeding resentment as a warning of doing too much, the many varieties of guilt, options for self-care, figuring out how much care is "enough," and the importance of humor. Both caregivers and professionals who assist them will find in this video a wealth of ideas on how to make life better for both the giver and the receiver of care. (60:00; 1998)
271	Delivering Excellent Customer Service in the Long-Term Care Environment	<u>New to the lending library in 2011.</u> DVD. ElderCare Communications. Caregivers in long term care provide service to residents. Residents notice when caregivers take an interest in their well being. They also notice when staff is simply going through the motions. Family also notices the difference. This program focuses on the importance of the customer in long term care, who your customers are and what they expect from you, how to consistently provide quality customer service, and customer service concepts specific to long term care. (25:00; 2009)
152	Meaningful Work: A Guide to Helping Residents Find Meaningful Activity	Videotape. ElderCare Communications. Finding meaning in life is the theme of this video. Helpful for all staff and volunteers in long term care. Participants will learn skills of observation and interaction which not only enhance residents' lives but also the lives of the employees as well. (16:00; 2000)
153	Serving the Assisted Living Community, Part One: Getting to Know the Community	Videotape. ElderCare Communications. This video is created to introduce entry level staff to the characteristics of a typical assisted living resident and their needs and expectations. Understanding the importance of maintaining each resident's independence while providing a safe, homelike environment is explored. (26:00; 1999)

Category: Medication Administration

Number	Title	Description
200	Administering Oral, Topical, Suppository, and Inhalant Medications	Videotape. Medcom Trainex. Prerequisite knowledge and skills for administering oral, topical, suppository, and inhalant medications are presented. Types of oral meds are discussed. Guidelines for preparing oral medications including administration via a nasogastric tube and sublingual administration are shown. Forms of topical meds are reviewed and techniques for application of topical instillation into eyes and nose are shown. Rectal and vaginal suppository administration is demonstrated. Various devices for inhalation administration are described. Describes six rights of medication administration with the sixth right being "right documentation." (26:48; 2003)
166	Best Practice Guidelines for Medication Administration	Videotape. American Society of Consultant Pharmacists. Appropriate for medication aides and licensed nurses as initial training or continuing education. Some material is too advanced for the medication aide and should be previewed and training adjusted accordingly. Includes a medication pass and general guidelines for safe medication provision. (20:00; 2000)
224	Clinically Useful Psychiatric Scales—AIMS (Abnormal Involuntary Movement Scale)	DVD. Cliggott Publishing group. This DVD contains an instructional video that demonstrates how the AIMS exam can be conducted in a typical office setting and teaches the viewer how to record the scores for the seven body areas the AIMS assesses. The DVD contains a demonstration video, a complete program guide, the AIMS form and instructions, and an overview article on tardive dyskinesia. (30:00; 2006)
111	Medicating the Geriatric Patient	Videotape. Medicom Trainex. This video is a good review for all levels of staff who administer medications. Discusses the changes that occur with aging that affect how medications are metabolized and the specific needs of the elderly in terms of medication administration. (23:00; 1997)
182	Medication Side Effects Known to Cause Changes in Behavior	Videotape. This video is appropriate for all nursing staff and for those who work directly with residents on a regular basis. It emphasizes the important role nursing assistants and medication aides play in observation of resident change, and it gives examples of specific behavior changes with real resident examples. (20:00; 1996)
215	Oxygen Safety and Administration: Liquid Oxygen, Concentrators, and High-Pressure Cylinders	Videotape. Northwest Respiratory Services. This video demonstrates safe handling principles of oxygen in the home environment. It explains high-pressure oxygen cylinders, liquid oxygen, and oxygen concentrators. This video on general safety principles is appropriate for residents and direct care staff. (15:00; date unknown)
203	Oxygen Therapy in Long Term Care/Assisted Living	Videotape. Cromwell Communications. This video covers multiple Assisted Living components involved in oxygen delivery. Areas include: components of central oxygen supply systems; safety guidelines for central supply systems and for using oxygen cylinders; storage, labeling, seals and securing oxygen; preparing oxygen for use; liquid oxygen; common delivery systems including nasal cannula, masks, and ventilators; and also precautions to avoid fire hazards. (10:00; 2002)
240	Preventing Medication Errors in Long Term Care	New to the lending library in 2010. DVD. Geriatric Video Productions. This DVD discusses multiple issues related to medication errors in Long Term Care. It is divided into four parts. Part one introduces the topic of "Prevention of Medication Errors in Long Term Care." Part two identifies "What is a Medication Error." Part three focuses on "Causes and Prevention of Medication Errors," and the fourth module covers the "Medication Pass Review and Conclusion." The final part of the DVD is on "Proper Medication Administration Techniques." A facilitator's guide is available. Objectives: (1) Recognize medication errors, (2) Understand risk factors and effects, (3) Recognize common causes, (4) Implement prevention strategies, and (5) Utilize proper administration techniques. (2007)
117	Principles of Geriatric Drug Therapy	Videotape. American Society of Consultant Pharmacists. Produced for nursing staff. An excellent review of the principles of medication use with the elderly. Discusses a systems review of the aging process and the resulting effects which alter drug therapy. Comes with a complete teaching plan and handouts. (20:00; 1995)

Category: Medication Administration

Number	Title	Description
057	Tardive Dyskinesia Series	Videotape. Series contains two training videos for the DISCUS assessment tool for Tardive Dyskinesia. The videos are accompanied by a manual and the form used to document the results of the assessment. The first video defines and demonstrates the signs assessed and the rating scale used. On the second tape, actual testing and results are viewed. Appropriate for nurses, psychologists, physicians, social workers, and mental health care workers. Tape 1—Measuring and Monitoring Abnormal Involuntary Movement (40:00). Tape 2—Sample Discus Assessments (60:00; date unknown).
129	Vaccines for Grown-Ups	Videotape. Discusses “the adult thing to do.” Includes information on influenza, pneumococcal pneumonia, tetanus, Hepatitis B, and MMR vaccines. Appropriate for staff, residents, and any community group. (15:00; 1998)

Category: Nursing

Number	Title	Description
267	Bloodborne Pathogens: Bloodborne Infections	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe characteristics of HIV and AIDS, describe the characteristics of Hepatitis B and C, describe the sources of transmission of bloodborne infections, describe the modes of transmission of bloodborne infections outside the workplace, and describe the modes of transmission of bloodborne infections at the workplace. (15:00; 2007)
268	Bloodborne Pathogens: Exposure Control and PPE	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe Universal Precautions, describe Standard Precautions, describe post-exposure response and prophylaxis, describe the use of gloves for protection against bloodborne infections, describe the use of eyewear for protection against bloodborne infections, and describe the use of gowns for protection against bloodborne infections. (17:23; 2007)
269	Bloodborne Pathogens: Work Practice Controls	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe the safe handling of sharps and use of safer needle devices, describe decontamination and cleaning procedures, and describe the CDC hand hygiene guidelines. (15:48; 2007)
236	Care Plans: The Most Important Person	Videotape. Extended Care Products. This video discusses what a care plan is and explains the resident's role and function within the care planning process. This video is good for orientation of new staff and new residents. (13:00; date unknown)
184	Chronic Pain in Geriatrics Assessment	Videotape. This video discusses the definition, causes, consequences, beliefs, and attitudes of pain. It also explains the differences between acute and chronic pain and provides strategies for assessing pain in the cognitively impaired. Geared for nursing staff but would be valuable for any staff that has frequent direct contact with residents. (22:00; 1998)
139	Chronic Pain Management	Videotape. Geriatric Video Productions. Guides the user in developing a pain management program for the elderly with chronic pain in any care setting. Includes discussion of specific drugs, fears of staff and residents, non-drug therapies, care planning, and family distress. (25:00; 1999)
255	CPR: New Guidelines for Healthcare	New to the lending library in 2010. DVD. Medcom Trainex. This program has been updated to reflect changes found in the 2005 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. The changes described and demonstrated include: (1) A universal compression-to-ventilation ratio of 30:2 for lone rescuers (except newborns), (2) When to "phone first vs. CPR first," (3) Checking for "adequate breathing," (4) Use of one or two hands to give chest compressions for a child, (5) Use of 15:2 compression-to-ventilation ratio for two-rescuer CPR of infants and children, (6) Rotation every two minutes of rescuers giving compressions in two or more rescuer CPR, and (7) Simplified foreign body airway obstruction (FBAO) relief instructions. (27:00; reviewed for accuracy in 2007)
259	Mantoux Tuberculin Skin Test	New to the lending library in 2010. DVD. CDC. The Mantoux tuberculin skin test is the standard method in the United States for detecting latent TB infection. It is important for health care workers to be able to accurately administer and read this diagnostic test. This DVD is part of a training kit and provides a clear, detailed demonstration of the steps involved in administering and reading the Mantoux tuberculin skin test. (30:00; 2003)
194	Oral Health Assessment of Nursing Home Residents	Videotape. This video provides a comprehensive guide to assessment of the mouth. It provides exceptional detail of normal assessment findings, and it goes through many abnormal findings covering possible causes, treatment needed, and when a dental evaluation should be sought. This video is geared for professional nursing staff. (19:30; 2004)
215	Oxygen Safety and Administration: Liquid Oxygen, Concentrators, and High-Pressure Cylinders	Videotape. Northwest Respiratory Services. This video demonstrates safe handling principles of oxygen in the home environment. It explains high-pressure oxygen cylinders, liquid oxygen, and oxygen concentrators. This video on general safety principles is appropriate for residents and direct care staff. (15:00; date unknown)

Category: Nursing

Number	Title	Description
203	Oxygen Therapy in Long Term Care/Assisted Living	Videotape. Cromwell Communications. This video covers multiple Assisted Living components involved in oxygen delivery. Areas include: components of central oxygen supply systems, safety guidelines for central supply systems and for using oxygen cylinders, storage, labeling, seals and securing oxygen, preparing oxygen for use, liquid oxygen; common delivery systems including nasal cannula, masks and ventilators and also precautions to avoid fire hazards. (10:00; 2002)
211	Pieces of the Puzzle: An Introduction to Brain Injury	Videotape. Center for Disabilities and Development, Iowa's University Center for Excellence on Disabilities. This video discusses traumatic brain injury (TBI). It reviews the structure and function of the brain and how injury to different parts of the brain can cause different problems. Vignettes from people who have experienced TBI are included. Short-term and long-term effects are included. (25:58; 1999)
138	Preventing Undernutrition and Invasive Treatment in Geriatric Patients	Videotape. Geriatric Video Productions. Discusses preventative strategies with residents who begin to show limited fluid or nutritional intake and difficulty swallowing. Focuses on early detection and ongoing individualized assessment. Guides you in early intervention techniques to avoid the use of intravenous fluids or nasogastric or gastrostomy tubes. (20:00; 1995)
220	Preventing Unsafe Wandering and Elopement	DVD. Medcom Trainex. This DVD is designed to provide caregivers in long term care with an overview of skills necessary to prevent residents from participating in behaviors that can lead to unsafe wandering. Topics include how to provide accurate assessment of residents, intervene when unsafe wandering is identified, and what to do if a resident wanders away. (25:00; 2004)
175	TB Respiratory Protection Program	Videotape. National Institute for Occupational Safety and Health. VHS Video #1—"TB Respiratory Protection: Administrator's Review." Narrated by Loretta Switt. Takes you step by step through the development of a respiratory protection program for tuberculosis. Supplement to the NIOSH publication on CD. Topics covered include: risk assessment; standard operating procedures; respirator selection, use and maintenance; training; and program evaluation. (20:00; 1999) VHS Video #2—"Respirators: Your TB Defense." Narrated by Loretta Switt. A film intended for use in staff training with the Respiratory Protection Program. It covers some of the basics about TB infection, how it is spread, different types of respirators, and staff responsibilities. (20:00; 1999)
214	Techniques for Effective Patient Self-Management	DVD. California Health Care Foundation. How to interest and engage a person in their own health care is the focus of this DVD. Using a diabetic outpatient clinic as the setting, emphasis is placed on communication skills that may be useful in changing health behaviors and promoting motivational interventions. Developing action plans is also included. DVD Only. (33:00; July 2006)
273	VIVE Video on Interviewing Vulnerable Elders	<u>New to the lending library in 2011.</u> DVD. CMS. This video looks at the systematic inclusion of resident voice through direct interviews representing an enormous advance in the Minimum Data Set 3.0. (20:00; 2010)

Category: Nursing Assistant Skills

Number	Title	Description
195	A Beautiful Smile is Ageless — Daily Oral Care in the Nursing Facility	Videotape. This video provides an introduction to basic oral care in long term care facilities. It provides an overview for assisting residents with care of their permanent teeth, partial dentures, and full dentures. This video is geared towards nursing assistants and personal care aides. (12:00; 1998)
229	Activities of Daily Living; Nine Ways to Not Get Hurt	Videotape. Care Source. This video is for both nursing facilities and assisted living facilities. It is broken down into 18-minute versions for each setting. This video discusses resident and staff safety, common risks, and best practices. It provides scenarios on right and wrong ways of performing activities. (18:00; 1999)
218	ADLs for CNA: Basic Training for Documenting the Activities of Daily Living	DVD. HCPro, Inc. This DVD provides familiar scenarios and easy-to-understand formats. It explains how to properly document ADLs so they can be correctly coded on the MDS. It reinforces how teamwork with documentation can help a nursing facility get the proper reimbursement for care provided. This DVD focuses on four late-loss ADLs: eating, bed mobility, transfer, and toileting. It also discusses the differences between the levels of support and setup for ADLs. On a separate enclosed CD, additional training materials are included. A lesson plan, quiz, and flowsheets are included. (20:45; 2007)
112	All Hands on Deck	Videotape. Brevis Corporation. This video is an entertaining yet effective review of proper handwashing procedure. Appropriate for all long term care staff and volunteers. (8:00; 1996)
270	Avoiding Falls in Long Term Care Facilities	New to the lending library in 2011. DVD. ElderCare Communications. Falls are rarely fatal, but the injuries and resulting complications sustained from the fall can start residents on a downward spiral. Understanding the causes and consequences of falls will help you be proactive in using prevention strategies. This program focuses on the consequences of falls, identifying risk factors that contribute to falls, and what can be done to minimize falls. (21:00; 2010)
230	Bathing Without a Battle	CD. This inservice program includes training on strategies to provide bathing care with a reduction in agitation and discomfort. A pretest and post test are included as well as relevant articles and directions for the instructor. This program includes a CD, "Bathing Without a Battle." The minimum computer system requirements are: 200 MHz Intel Pentium II processor or greater, Windows 95 or newer, 64 MB RAM or greater, 16 bit color monitor, 800x600 resolution or greater; and a 16 bit sound card. (45:00; 2001)
257	Bedmaking	New to the lending library in 2010. DVD. Medcom Trainex. A clean, well-made bed not only feels good but is also an important component to an individual's comfort and safety. A well-made bed helps to avoid problems such as pressure ulcers and the spread of infection and provides a sense of well-being and self-worth. To teach new nursing assistants this important skill, this program demonstrates the techniques for making both the unoccupied bed and an occupied bed. Medcom's nursing assistant program on bedmaking has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. In addition, this program has been updated to demonstrate the performance of nursing assistant skills as described by the National Nurse Aide Assessment Program (NNAAP). Using this format, this program will demonstrate: (1) Making an unoccupied bed and (2) Making the occupied bed. (18:30; 2009)
267	Bloodborne Pathogens: Bloodborne Infections	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe characteristics of HIV and AIDS, describe the characteristics of Hepatitis B and C, describe the sources of transmission of bloodborne infections, describe the modes of transmission of bloodborne infections outside the workplace, and describe the modes of transmission of bloodborne infections at the workplace. (15:00; 2007)
268	Bloodborne Pathogens: Exposure Control and PPE	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe Universal Precautions, describe Standard Precautions, describe post-exposure response and prophylaxis, describe the use of gloves for protection against bloodborne infections, describe the use of eyewear for protection against bloodborne infections, and describe the use of gowns for protection against bloodborne infections. (17:23; 2007)

Category: Nursing Assistant Skills

Number	Title	Description
269	Bloodborne Pathogens: Work Practice Controls	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe the safe handling of sharps and use of safer needle devices, describe decontamination and cleaning procedures, and describe the CDC hand hygiene guidelines. (15:48; 2007)
079	Body Mechanics— Ergonomic Training for Long Term Care Staff	Videotape. American Health Care Association. An excellent discussion and demonstration of the principles of good body mechanics. It is useful for staff training to reduce the risk of ergonomic disorders. Appropriate for nurses, nursing assistants, physical therapy assistants, and any other staff involved with resident movement and transfer. (26:00; date unknown)
271	Delivering Excellent Customer Service in the Long-Term Care Environment	<u>New to the lending library in 2011.</u> DVD. ElderCare Communications. Caregivers in long term care provide service to residents. Residents notice when caregivers take an interest in their well being. They also notice when staff is simply going through the motions. Family also notices the difference. This program focuses on the importance of the customer in long term care, who your customers are and what they expect from you, how to consistently provide quality customer service, and customer service concepts specific to long term care. (25:00; 2009)
272	Dementia in Long-Term Care: Communicating with Residents	<u>New to the lending library in 2011.</u> DVD. ElderCare Communications. This DVD focuses on communicating with residents with dementia in order to meet their care giving needs. Caregivers can help by understanding residents' capabilities and limitations, then using that knowledge to help provide individualized care. This program focuses on communication difficulties associated with dementia and verbal and nonverbal techniques to bridge the communication gap with residents with dementia. (23:00; 2009)
255	CPR: New Guidelines for Healthcare	New to the lending library in 2010. DVD. Medcom Trainex. This program has been updated to reflect changes found in the 2005 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. The changes described and demonstrated include: (1) A universal compression-to-ventilation ratio of 30:2 for lone rescuers (except newborns), (2) When to "phone first vs. CPR first," (3) Checking for "adequate breathing," (4) Use of one or two hands to give chest compressions for a child, (5) Use of 15:2 compression-to-ventilation ratio for two-rescuer CPR of infants and children, (6) Rotation every two minutes of rescuers giving compressions in two or more rescuer CPR, and (7) Simplified foreign body airway obstruction (FBAO) relief instructions. (27:00; reviewed for accuracy in 2007)
252	Elimination, Specimen Collection, Urinary Care	New to the lending library in 2010. DVD. Medcom Trainex. From time to time, the nursing assistant will need to collect stool and urine specimens, measure urinary output, and provide other forms of assistance with elimination. These important tasks not only assist the physician in monitoring an individual's condition but also help to maintain physical comfort and emotional well-being. Medcom's nursing assistant program on elimination, specimen collection, and urinary care has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. In addition, this program has been updated to demonstrate the performance of nursing assistant skills as described by the National Nurse Aide Assessment Program (NNAAP). After watching this program, viewers should be able to: (1) Collect a stool specimen, (2) Collect a routine urine specimen, (3) Measure urinary output, (4) Insert a rectal suppository, and (5) Administer a cleansing enema. (19:00; 2009)
188	Ergonomics: Watch Your Back	Videotape. Coastal. Healthcare employees make up six of the top ten professionals at the greatest risk for back injury. This fast-paced video explores general back safety, symptoms of back problems, risk recognition, prevention, and safe materials handling. A supplemental booklet accompanies the video. (15:00; 2001)
222	How to Identify and Prevent Pressure Ulcers	Videotape. University of Texas. This training video summarizes practice guidelines for identification of stage one and two pressure ulcers. The video is targeted for direct care staff. The training demonstrates practical ways to check and care for a resident's skin, what to look for, and how to identify which ulcers are at greater risk for developing a pressure ulcer. (12:00; 2003)

Category: Nursing Assistant Skills

Number	Title	Description
128	In Your Hands	Videotape. Terra Nova Films. Discusses the importance of the role of the nursing assistant in relation to resident quality of life. Gives several lifelike scenarios that will lead staff to discuss their experiences and feelings in similar situations. Topics include: loss of self-control and dignity, physical and emotional comfort, ethnic and cultural differences, and resident abuse. Appropriate for nursing facility staff. (12:00; 1998)
217	Infection Control in Long Term Care (2006 Edition)	DVD. ElderCare Communications. This DVD focuses on identifying infection risks in long term care. It explains the major causes of infections in long term care settings, provides practical solutions for infection prevention, and discusses risk potential. This DVD is appropriate for all personnel in long term care. (28:00; 2006)
253	Infection Control Skills for the Care Provider	New to the lending library in 2010. DVD. Medcom Trainex. Health care workers often come in contact with microorganisms that can cause infectious diseases. Therefore, it is your responsibility to protect the health and safety of all those you care for as well as your co-workers and yourself by learning and practicing effective infection control skills to help prevent the spread of these microorganisms. This program teaches new nursing assistants the important skills necessary for controlling the spread of infectious disease. Medcom's nursing assistant program on infection control has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. In addition, this program has been updated to demonstrate the performance of nursing assistant skills as described by the National Nurse Aide Assessment Program (NNAAP). Using this format, this program demonstrates and describes: (1) Standard precautions, (2) Transmission-based precautions, (3) Hand hygiene practices, (4) Use of protective gloves, (5) Use of a protective gown, (6) Handling infectious waste, (7) Handling linen, and (8) Cleaning a blood spill. (17:00; 2009)
156	Introduction to Nursing Assisting: Environmental Control and Resident Safety	Videotape. Delmar Publishers. This video is an introduction to the principles of resident safety for the nursing assistant. Included are the topics of environmental safety hazards, body mechanics, gait belts, care of a falling resident, first aid, and the abdominal thrust maneuver. (33:30; 1998)
158	Introduction to Nursing Assisting: Infection Control and Standard Precautions	Videotape. Delmar Publishers. This video is an introduction to the principles of infection control for the nursing assistant. Included are the topics of standard precautions, handwashing, gloving, personal protective equipment, and infectious waste. (34:30; 1998)
157	Introduction to Nursing Assisting: Nursing Assistant Safety	Videotape. Delmar Publishers. This video is an introduction to employee safety for the nursing assistant. Included are the topics of body mechanics, gait belts, chemical hazards, equipment safety, stress management, sexual harassment, and worker support. (23:40; 1998)
154	Introduction to Nursing Assisting: Orientation to Nursing Assisting	Videotape. Delmar Publishers. This video serves as an introduction to nursing assisting in all settings. Topics included are long term care facilities, interdisciplinary team, role of the nursing assistant, attitude, regulations, patient rights, and career enhancement skills. (24:00; 1998)
250	Measuring Vital Signs	New to the lending library in 2010. DVD. Medcom Trainex. The measurement of vital signs including temperature, pulse, respiration, blood pressure, and pain is performed routinely in every health care setting. Evaluations of these findings through comparison with previous measurements can indicate important changes in physical and/or emotional conditions. Nursing assistants need to master the basic yet critically important skills involved in assessing vital signs. Medcom's nursing assistant program on measuring vital signs has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. In addition, this program has been updated to demonstrate the performance of nursing assistant skills as described by the National Nurse Aide Assessment Program (NNAAP). Objectives: After watching this program, viewers should be able to (1) Measure temperature, (2) Measure pulse rate, (3) Measure respiration rate, (4) Measure blood pressure, and (5) Make a pain assessment. (27:30; 2009)

Category: Nursing Assistant Skills

Number	Title	Description
171	Measuring Vital Signs: Temperature, Pulse, Respiration, and Blood Pressure	Videotape. Medcom. This video demonstrates vital sign measurement as well as explains the importance of each. Useful for any staff requiring these skills. (27:39; 2000)
256	Measuring Weight	New to the lending library in 2010. DVD. Medcom Trainex. Accurate measurement and monitoring of weight and height provide important indicators about a patient's overall health. This program demonstrates proper techniques for measuring weight and height with the most commonly used scales. Medcom's nursing assistant program on measuring weight and height has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. In addition, this program has been updated to demonstrate the performance of nursing assistant skills as described by the National Nurse Aide Assessment Program (NNAAP). After watching this program viewers should be able to measure weight using: (1) The standing balance scale, (2) The chair scale, (3) The wheelchair scale, (4) A mechanical lift scale, and (5) A bed scale. (14:42; 2009)
192	Mentors in Memory (Second Edition)	Videotape. This educational program is designed especially for nurses and nursing assistants to aid in the recognition and management of dementia. The program includes a video, workbooks, and self-study guides to assist in the comprehensive assessment and treatment of dementia-affected residents. It includes several practical tools for assessment. (Nurses: 26:00; 2004) (Nursing Assistants: 16:00; 2004)
244	Moving and Turning	New to the lending library in 2010. DVD. Medcom Trainex. This DVD includes the following topics: moving up in bed using a lift sheet, moving to the side of a bed using a lift sheet, performing a "log roll" with a lift sheet, assisting a move up in bed, moving to the side of a bed without a lift sheet, turning away from you, and turning towards you. (10:00; 2008)
179	Nursing Assistant Skills Video on Bathing	Videotape. Mosby. This video provides accurate demonstrations of the proper techniques for giving a complete bed bath, backrub, and male and female perineal care. The skills are clearly narrated as real nursing assistants and nurses perform the skills. Key concepts of delegation, patient and resident rights, standard precautions, and communication techniques are also included. (16:01; 2002)
245	Ostomy, Urinary Drainage, and Catheter Care	New to the lending library in 2010. DVD. Medcom Trainex. This program discusses the procedures for caring for a patient with an ostomy appliance and basic care for those with a urethral catheter. The program demonstrates and describes the following procedures: changing an ostomy bag, emptying a urinary drainage bag, and providing daily catheter care including a review of perineal care. (15:25; 2005)
243	Personal Care	New to the lending library in 2010. DVD. Medcom Trainex. This DVD includes the following topics: cleaning and trimming nails, shaving the beard, assisting with hair and make-up, assisting with dressing, and dressing when an I.V. catheter is in place. (21:00; 2008)
160	Personal Care Skills: Grooming and Dressing	Videotape. Delmar Publishers. This video is an introduction to assisting the patient to groom and dress. Topics included are oral care, denture care, shaving, dressing, undressing, and application of support stockings. (32:00; 1998)
163	Personal Care Skills: Positioning Skills	Videotape. Delmar Publishers. This video is an introduction to positioning the patient for the nursing assistant. Topics included are body mechanics, gait belts, use of a turn sheet, and positioning in several positions. (25:00; 1998)
164	Personal Care Skills: Transfer Skills	Videotape. Delmar Publishers. This video is an introduction to transferring the patient. Topics included are body mechanics, gait belt, one and two person transfers, mechanical lift, and pressure-relieving activities. (46:30; 1998)
162	Personal Care Skills: Urinary Care Skills	Videotape. Delmar Publishers. This video is an introduction to urinary care skills for the nursing assistant. Topics included are catheter care, urinary drainage bag care, and urinary incontinence. (23:00; 1998)

Category: Nursing Assistant Skills

Number	Title	Description
247	Positioning	New to the lending library in 2010. DVD. Medcom Trainex. Proper body alignment is important to help patients and residents feel more comfortable, relieve strain, increase circulation, and prevent deformities and complications such as contractures and pressure sores. Nursing assistants need to acquire the skills involved in positioning those who are bedridden utilizing the principles of good body mechanics to protect themselves from injury. Medcom's nursing assistant program on positioning has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. In addition, this program has been updated to demonstrate the performance of nursing assistant skills as described in the National Nurse Aide Assessment Program (NNAAP). (16:00; 2009)
241	Providing Oral Care	New to the lending library in 2010. DVD. Medcom Trainex. This DVD includes the following topics: providing oral care, assisting with oral care, denture care, and oral care for the unconscious person. (12:00; 2008)
235	Range of Motion	Videotape. Cromwell Communications. This video walks through the process of passive and active range of motion. It is an excellent video for nursing assistants and restorative nursing staff. (30:00; date unknown)
248	Range of Motion Exercises	New to the lending library in 2010. DVD. Medcom Trainex. When individuals are immobilized for prolonged periods of time, an essential part of the recovery process includes maintaining the full range of joint motion. A consistent program of range of motion exercises helps maintain joint mobility and prevents some of the complications associated with prolonged immobility such as decreased peripheral circulation, skin breakdown, and contractures. This program teaches new nursing assistants the important skills necessary for performing range of motion exercises. (23:11; 2009)
246	Recognizing Abnormal Signs and Symptoms	New to the lending library in 2010. DVD. Medcom Trainex. Observing for abnormal signs and symptoms is an important part of the routine care nursing assistants provide to residents. Residents depend on the nursing assistant's ability to recognize changes in behavior, appearance, and abilities and to report significant observations promptly and accurately. This program teaches nursing assistants how to make objective and subjective observations of the residents they care for in key clinical areas to promote and maintain their overall health. This edition of "The New Nursing Assistant: Recognizing Abnormal Signs and Symptoms" program has been revised with updated graphics and footage to give this classic topic a new look and feel. (14:00; 2009)
108	Resident Transfers: The Safe Way	Videotape. ElderCare Communications. Addresses the reluctance to use transfer equipment, the need to match the appropriate equipment with the resident's abilities, and introduces the five most frequently used kinds of transfer equipment: the total lift, sit-to-stand lift, slip patient mover, shower chair, and walking belt. NHCA/NALA does not endorse or recommend any of the brand name materials discussed. A facilitator guide is included to aid discussion. (15:00; 1996)
181	Restorative Care: It's Mandated Everyone Can Do It	Videotape. This video presents the philosophy that restorative care is a team effort including the resident, family, and staff members. It gives examples of real situations with real facility staff. This video is a good basis for an inservice program for all staff. (18:00; 2001)
249	Serving a Meal	New to the lending library in 2010. DVD. Medcom Trainex. Medcom's nursing assistant program on serving a meal has been revised to be more concise and easier to understand by clearly identifying each of the three stages of a procedure: preparation, the procedure itself, and completing care. Using this format, this program will demonstrate serving a meal to a person who eats independently and serving a meal to a person who cannot eat independently. (11:16; 2009)
209	Stand Up and Tell Them	Videotape. Better Jobs Better Care. This video features direct care workers talking about their experiences as nursing facility and home health aides. They talk about the rewards of their work, the challenges they face, and how they deal with discrimination and disrespect they sometimes face. (25:20; 2005)

Category: Nursing Assistant Skills

Number	Title	Description
254	Techniques In Bathing	New to the lending library in 2010. DVD. Medcom Trainex. This program demonstrates: (1) Giving a bed bath, (2) Giving perineal care, (3) Giving a tub bath, and (4) Assisting with a shower and shampoo. (26:00; 2004)
242	Techniques in Toileting and Incontinent Care	New to the lending library in 2010. DVD. Medcom Trainex. Toileting is a very private personal activity that can have some unpleasant aspects. The caregiver must be sensitive to the individual's needs and provide supportive care to lessen embarrassment and discomfort that can occur. To teach new nursing assistants these important skills, this program demonstrates the techniques for toileting. (19:43; 2008)
221	The New Nursing Assistant: Elimination, Specimen Collection, Urinary Care	DVD. Medcom Trainex. This DVD reviews multiple procedures including inserting a rectal suppository, administering a cleansing enema, collecting a stool specimen, collecting a urine specimen, and measuring urinary output. This DVD demonstrates appropriate gloving and hand hygiene. This DVD contains procedures that may be appropriate for different levels of practice including nursing assistants, medication aides, and licensed nurses. (35:00; 2004)
201	The New Nursing Assistant: Feeding	Videotape. Medcom Trainex. This program demonstrates feeding skills including serving a meal and dependant dining. (12:08; 2003)
198	The New Nursing Assistant: Recognizing Abnormal Signs and Symptoms	Videotape. Medcom Trainex. This program provides an updated overview that describes and demonstrates abnormal signs and symptoms of common diseases and conditions. The importance of objective and subjective evaluation is stressed. (15:06; 2004)
199	The New Nursing Assistant: Techniques in Toileting and Incontinent Care	Videotape. Medcom Trainex. This program is designed to describe and demonstrate skills including assisting with using the toilet, offering the bedpan or urinal, using a portable commode, changing briefs, and bowel and bladder training. (18:04; 2003)
251	Transfer and Ambulation	New to the lending library in 2010. DVD. Medcom Trainex. This program covers the following topics: (1) Pivot transfer from bed to wheelchair, (2) Pivot transfer from wheelchair to toilet, (3) Two-person lift from bed to wheelchair, (4) Three-person lift from bed to gurney, (5) Transfer using a mechanical lift, (6) Assisting with ambulation, and (7) Preventing injury during a fall. (23:00; 2008)

Category: Resident Rights

Number	Title	Description
180	Advanced Directives and the Elderly: CPR in Nursing Homes	Videotape. Although the video was made in 1990, the information is still current today. The video presents the scenario of a medical director discussing advance directives and CPR/DNR with a resident and daughter. It explains different life support choices, living wills, etc. This video would be a good tool to promote discussion among staff to help clarify feelings and understanding of these issues. (19:00; 1990)
236	Care Plans: The Most Important Person	Videotape. Extended Care Products. This video discusses what a care plan is and explains the resident's role and function within the care planning process. This video is good for orientation of new staff and new residents. (13:00; date unknown)
132	Decisions to Be Made	Videotape. American Medical Directors Association. This program is designed to help prepare individuals and families to execute advance directives. Health care professionals discuss the basics of CPR, artificial respiration, tube feeding, hospitalization, and antibiotic therapy. Appropriate for residents, families, staff, community groups, and volunteers. (17:00; 1995)
271	Delivering Excellent Customer Service in the Long-Term Care Environment	New to the lending library in 2011. DVD. ElderCare Communications. Caregivers in long term care provide service to residents. Residents notice when caregivers take an interest in their well being. They also notice when staff is simply going through the motions. Family also notices the difference. This program focuses on the importance of the customer in long term care, who your customers are and what they expect from you, how to consistently provide quality customer service, and customer service concepts specific to long term care. (25:00; 2009)
142	Everyone Wins: A Family Guide to Restraint-Free Care	Videotape. This video is specifically designed to educate family members about restraint-free care. It portrays a husband who needs significant support before he could accept restraint-free care for his wife. Includes the assessment and care planning process related to restraint use. (11:30; 1995)
098	Everyone Wins: Resident Care Library	Videotape. This set of videos consists of six 12- to 14-minute videos plus an inservice training manual and handouts for all staff training pertaining to resident care. It offers practical solutions to everyday problems in providing quality care without restraints. Video 1: The New Resident (12:21; 1996). Video 2: Up and About Minimizing the Risk of Fall Injuries (14:44; 1996). Video 3: Working with Residents Who Wander (13:00; 1996). Video 4: Getting Hit, Grabbed, and Threatened; What It Means; What To Do (14:29; 1996). Video 5: Staying Restraint Free Evenings, Nights, and Weekends (12:22; 1996). Video 6: Now that the Restraints Are Off, What Do We Do? (13:12; 1996).
178	HIPAA: Privacy in Long Term Care	Videotape. Coastal. This 19-minute video gives a clear overview of how the new HIPAA Privacy Rule affects long term care. Topics covered include protected health information, use and disclosure, consent and authorization, and recommendations for compliance. Appropriate for all staff in a long term care facility. (19:00; 2003)
137	Invasive Treatments in the Geriatric Patient: Considerations for Initiation and Care	Videotape. Geriatric Video Productions. Discusses the guidelines including advance directives for deciding to start treatments such as tube feedings, IVs, and oxygen therapy. Focuses on individualized resident assessment to minimize interference with treatments without physical and chemical restraints. Ethical issues regarding invasive treatments discussed. (15:00; 1995)
202	Keeping Nursing Facility Residents Safe	Videotape. American Health Care Association. A training program for the prevention of abuse, mistreatment, and neglect of long term care residents. This innovative two-hour program includes a manual and a 14-minute video. It can be used for orientation and continuing education of all nursing facility staff. (14:38; 2004 Second Edition)
265	Loving Conversations—One Family's Story About the Importance of Advance Healthcare Planning	New to the lending library in 2010. DVD. American Health Lawyers Association. This DVD is a series of vignettes related to discussions about advanced planning for family and individual health care. This DVD is appropriate for staff and family. This DVD discusses types of advanced directives, how to choose a person to carry out wishes, living wills, wills, and related materials. Do not resuscitate orders and ethics committees are also discussed. (40:00; 2009)

Category: Resident Rights

Number	Title	Description
110	Preserving Resident's Dignity	Videotape. ElderCare Communications. Uncovers staff behaviors which support a resident's need for dignity while still accomplishing the care task at hand. A good video for discussion of quality of life issues. A discussion guide is included to facilitate discussion. (17:00; 1997)
106	Promoting Quality of Life	Videotape. ElderCare Communications. Overview of quality of life issues in long term care. The accompanying facilitator's guide will provide a participative learning session and even design follow-up assignments for applying new learning to the job. (16:00; 1996)
126	Quality of Life	Videotape. ElderCare Communications. This video-based learning program for staff members has a positive impact on every member of the caregiving team. Staff members become sensitized to the residents' need for a high quality of life and begin the process of identifying staff behaviors which add to quality of life. Residents feel more "at home" in your facility, are more trusting of and open with your staff, and can even show improvement in their physical health. Family members feel confident that their loved one is receiving high-quality care and attention and often develop a long-sought-after sense of peace about the resident's move to your facility. (16:00; 1996)
107	Residents' Rights	Videotape. ElderCare Communications. A complete overview of Residents' Rights for all levels of staff. A facilitator guide is included to aid discussion. (20:00; 1995)
216	Respecting Confidentiality	DVD. ElderCare Communications. This DVD provides solutions on how to recognize and address confidentiality issues in long term care. It presents six steps to safeguarding the confidentiality of medical, financial, and personal resident information. The learning experience is enhanced with slice-of-life vignettes featuring long term care residents and staff in situations that involve confidentiality issues. (25:00; 2005)
225	Special Things: Safeguarding Resident Belongings	Videotape. Care Source. This video discusses safeguarding resident belongings and reviews the background on the responsibility of safeguarding resident belongings. It discusses loss prevention programs that cover steps a facility should take. This video offers suggestions for building awareness for loss prevention. (10:00; 2006)
081	What About Me?	Videotape. American Association of Retired Persons. Intended for educating residents about their rights. It would also be useful for developing empathy and stimulating discussion in groups of staff. The video depicts the first few days of a new resident in a nursing home. Appropriate for all levels of staff, residents, and families. (24:00; 1992)
093	What About Using A Restraint?	Videotape. ElderCare Communications. A video designed to teach families about restraint-proper environments. Includes a discussion on resident dignity, definitions of physical and chemical restraints, and creative alternatives to restraints. (10:00; 1995)

Category: Safety/Risk Management

Number	Title	Description
219	A Commitment to Safety	DVD. ElderCare Communications. Safety training is extremely important in long term care. This DVD focuses on safety training with a difference. It illustrates the key safety practices for every department in the long term care facility. It demonstrates how to prevent accidents, how to recognize an accident waiting to happen, and what to do when a mishap occurs. This DVD is segmented to allow group interaction throughout the program. (27:30; 2004)
270	Avoiding Falls in Long Term Care Facilities	<u>New to the lending library in 2011.</u> DVD. ElderCare Communications. Falls are rarely fatal, but the injuries and resulting complications sustained from the fall can start residents on a downward spiral. Understanding the causes and consequences of falls will help you be proactive in using prevention strategies. This program focuses on the consequences of falls, identifying risk factors that contribute to falls, and what can be done to minimize falls. (21:00; 2010)
190	Be Safe at Work: Safety Orientation for Long-Term Care	Videotape. Coastal. This 16-minute video highlights potential risks for people who work in long term care settings. The program teaches workers how to protect themselves by becoming aware of potential hazards to which they may be exposed. Specific areas include slips, trips and falls; back injuries; electrical and fire hazards; disinfection; and sterilization. This video portrays realistic graphics and examples that are relevant to a variety of settings and personnel. A supplemental booklet accompanies the video. (16:00; 1996)
267	Bloodborne Pathogens: Bloodborne Infections	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe characteristics of HIV and AIDS, describe the characteristics of Hepatitis B and C, describe the sources of transmission of bloodborne infections, describe the modes of transmission of bloodborne infections outside the workplace, and describe the modes of transmission of bloodborne infections at the workplace. (15:00; 2007)
268	Bloodborne Pathogens: Exposure Control and PPE	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe Universal Precautions, describe Standard Precautions, describe post-exposure response and prophylaxis, describe the use of gloves for protection against bloodborne infections, describe the use of eyewear for protection against bloodborne infections, and describe the use of gowns for protection against bloodborne infections. (17:23; 2007)
187	Bloodborne Pathogens: Long-Term Care	Videotape. Coastal. This video takes an in-depth look at the long term care setting and the risk factors involved with bloodborne pathogens. This video discusses workplace transmission, reducing risk, personal protective equipment, and sharps safety. The discussion and graphics make this video easy to view as well as informative. A supplemental booklet accompanies the video. (23:00; 1996)
269	Bloodborne Pathogens: Work Practice Controls	New to the lending library in 2010. DVD. Medcom Inc. After viewing this DVD, the learner should be able to: describe the safe handling of sharps and use of safer needle devices, describe decontamination and cleaning procedures, and describe the CDC hand hygiene guidelines. (15:48; 2007)
174	Bloodborne Safety	Videotape. Medcom Trainex. This video covers universal precautions, standard precautions, and needlestick prevention and uses voice-over narration, graphics, and vignettes. The material is organized around the following categories: bloodborne infections, transmission of bloodborne infection, exposure control, using personal protective equipment, and work practice controls. Includes a study guide and post test. (38:22; 2001)
079	Body Mechanics—Ergonomic Training for Long Term Care Staff	Videotape. American Health Care Association. An excellent discussion and demonstration of the principles of good body mechanics. It is useful for staff training to reduce the risk of ergonomic disorders. Appropriate for nurses, nursing assistants, physical therapy assistants, and any other staff involved with resident movement and transfer. (26:00)

Category: Safety/Risk Management

Number	Title	Description
191	Do No Harm—Hospital Bed Safety for Caregivers and Providers	Videotape. This video provides situations in a variety of health care environments regarding bed safety and use of safety rails. The video offers insight regarding bed rail use for residents, families, and caregivers. Included with the video is "Clinical Guidance for the Assessment and Implementation of Bed Rails in Hospitals, Long Term Care Facilities and Home Care Settings." This guidance provides recommendations for caregivers to use when assessing the need for bed rails. The information includes principles to guide development of care plans, policy considerations, process or procedure considerations, risk interventions, environmental changes, restraints, and more. The document is also available at www.ahca.org . (date unknown)
188	Ergonomics: Watch Your Back	Videotape. Coastal. Healthcare employees make up six of the top ten professionals at the greatest risk for back injury. This fast-paced video explores general back safety, symptoms of back problems, risk recognition, prevention, and safe materials handling. A supplemental booklet accompanies the video. (15:00; 2001)
149	Evacuation of Health Care Facilities	Videotape. National Fire Protection Association. The purpose of this video is to provide health care facility employees with information that will enable them to effectively evacuate patients during a fire emergency, increase employee awareness of the importance of learning and practicing the facility's fire safety plan, and teach employees how to protect themselves and patients from the dangers of smoke and fire. (20:00; 2000)
143	Fall Prevention Program	Videotape. Vanderbilt University School of Medicine. Provides staff training on a program to prevent falls in nursing facility residents. Includes discussion of resident living space, resident transfer and mobility, equipment, and psychotropic drugs. The video is divided into two segments. The first section discusses why falls happen, and the second section covers the fall prevention program. Complete inservice guide as well as tools for setting up a complete fall prevention program are included. (17:50, 15:30; 1998)
212	Food Service in Healthcare	Videotape. This video is designed to orient food service employees about safe and sanitary food handling and preparation. Information is included not only on food safety standards but workplace safety as well. Topics include: Food Safety Standards; FDA Food Code; Critical Control Points; Frequent Problems in Food Handling; Handwashing; Personal Hygiene; Time and Temperature Abuse; Approved Thawing Methods; Cross Contamination; Cleaning and Sanitizing; Dry and Cold Storage; and Workplace Safety: Good Body Mechanics, Written Warning Signs, and Common Sense Safety Guidelines. (15:00; 2002)
217	Infection Control in Long Term Care (2006 Edition)	DVD. ElderCare Communications. This DVD focuses on identifying infection risks in long term care. It explains the major causes of infections in long term care settings, provides practical solutions for infection prevention, and discusses risk potential. This DVD is appropriate for all personnel in long term care. (28:00; 2006)
208	Job Safety Analysis	Videotape. Illinois DCCA, Onsite Safety & Health Program. This video provides an overview on how to develop a job safety analysis that can be used for training employees in safer work practices. A job safety analysis is a system of studying a job in order to identify hazards or potential injuries which are associated with each job step, developing solutions that identify the proper way of doing the job, and identifying methods for eliminating or preventing injury. (10:00; date unknown)
215	Oxygen Safety and Administration: Liquid Oxygen, Concentrators, and High-Pressure Cylinders	Videotape. Northwest Respiratory Services. This video demonstrates safe-handling principles of oxygen in the home environment. It explains high-pressure oxygen cylinders, liquid oxygen, and oxygen concentrators. This video on general safety principles is appropriate for residents and direct care staff. (15:00; date unknown)
207	Power Zone Ergonomics	Videotape. Illinois DCCA, Onsite Safety & Health Program. Soft tissue injuries and illness cost billions each year. This video covers employee power zones, the areas where employees are most comfortable and at their most powerful to do work. By designing work that fits more than 90% of the workforce, it is easier and less tiring for employees to work making them more productive and happier to be at work. This video will identify four employee power zones so that employees are not stressed beyond their physical limits. (12:00; date unknown)

Category: Safety/Risk Management

Number	Title	Description
175	TB Respiratory Protection Program	Videotape. National Institute for Occupational Safety and Health. VHS Video #1—"TB Respiratory Protection: Administrator's Review." Narrated by Loretta Switt. Takes you step by step through the development of a respiratory protection program for tuberculosis. Supplement to the NIOSH publication on CD. Topics covered include: risk assessment; standard operating procedures; respirator selection, use, and maintenance; training; and program evaluation. (20:00; 1999) VHS Video #2—"Respirators: Your TB Defense." Narrated by Loretta Switt. A film intended for use in staff training with the Respiratory Protection Program. It covers some of the basics about TB infection, how it is spread, different types of respirators, and staff responsibilities. (20:00; 1999)
266	The Big Uneasy: Katrina's Unsung Heroes	New to the lending library in 2010. DVD. B & F Consulting. This DVD explores needs and disaster preparedness using true examples about one of the worst natural disasters in the United States, Hurricane Katrina. This DVD discusses preparations before, during, and after the disaster and discusses decisions to evacuate or to shelter in place. Staff, supply issues, locations, infection control, and psychological needs are explored. Staff and family issues, FEMA response, and the commitment of the staff to the residents and the facility to the staff are explored. Organizational and management practices are demonstrated throughout the video. A facilitator's guide is included. (46:00; 2009)
197	Tuberculosis: New Strategies for the Healthcare Worker	Videotape. Medcom Trainex. This program provides an introduction to the health care worker about Tuberculosis and the recommendations made by the Centers for Disease Control and Prevention that are designed to prevent transmission of the disease. (29:04; 2000)
196	Violence on the Job	DVD. National Institute for Occupational Safety and Health (NIOSH). This DVD provides a general overview of workplace violence prevention across all industries. It outlines environmental, administrative, and behavioral controls to reduce or prevent workplace violence. Available only on DVD. (21:00; 2004)
233	Wandering... Is It a Problem?	Videotape. Senior Living University. This video is a guide to understanding wandering, a common behavior. Preventive actions, security, interventions, and redirection are presented. (14:19; 1997)
206	Work Smart—Be Safe: An Orientation to Long Term Care Safety	Videotape. Illinois DCCA, Onsite Safety & Health Consultation Program. This video can be used as a safety orientation for new employees or as a refresher for current employees who work in the nursing home industry. A booklet is included. 10:00; 2002)
193	Working With Stress	DVD. National Institute for Occupational Safety and Health (NIOSH). This DVD covers general work-related stress, physical changes in response to stress, stress related risks to health and safety, and factors related to job stress. It also discusses organizational changes to identify stress, devise and implement solutions, and conduct evaluations. Available only on DVD. (17:06; 2002)

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