

Palliative Care in Long Term Care

A New Training and Resource Manual from NHCA and NHPCP

This training and resource manual is designed to introduce the philosophy and concepts of palliative care into the long term care setting. Long term care has always supported the concepts of palliative care related to needless suffering and improving quality of life for residents with chronic and life limiting conditions.

Section 1 discusses formalizing this philosophy and allows the facility to train individuals to participate on the palliative care team.

Section 2 expands specific areas that may be improved by a palliative care program, including pain and symptom management.

Section 3 includes end of life care. When a resident is dying, the emphasis shifts from improvement to palliation.

Section 4 provides a brief introduction to concepts and information about communication, culture, and common diseases seen in long term care and palliative care.

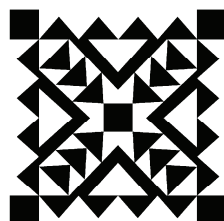
Section 5 covers ethics, grief, age-specific needs, staffing, regulations, and quality improvement issues.

The **Appendix** (in the professional manual only) includes a variety of resources and information such as regulatory citations, useful tools, and MDS information

In addition to the professional manual, there is a manual for direct care staff. The books were designed to work together within the same training, and the professional manual has some additional materials for specific team members.

The entire curriculum is designed to be used to assist in implementing palliative care into long term care in a way that positively impacts the residents, staff, and community.

Appropriate for both Nursing and Assisted Living Facilities.



*Nebraska Hospice and
Palliative Care Partnership*

Improving Care and Conditions for Chronically and Terminally Ill Nebraskans

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Qty	<u>Palliative Care in Long Term Care:</u>	<u>Member</u>	<u>Non-Member</u>
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