

NNFA | NALA | LPNAN

2019 Spring Convention and Trade Show | April 15-17 | Kearney

SCHEDULE DETAILS | TUESDAY, APRIL 16

Education | LPNAN Awards Lunch | Trade Show | Vendor Reception

7:00 a.m. to 5:30 p.m.

Convention Registration Open

7:00 a.m. to 8:00 a.m.

Morning Refreshments

Sponsored by AseraCare Hospice

7:00 a.m. to 6:30 p.m.

NHCF Gifts Across Nebraska Benefit Silent Auction

Items on Display – Pre-Function Area

8:00 a.m. to 9:15 a.m.

Education Sessions

AL NF

Southeast District: What's Hot and What's Not

Crystal 3

Speakers: Cindy Kadavy, Senior Vice President, Nebraska Health Care Association, Lincoln, Nebraska; NNFA Southeast District Chair, Mike Shafer, Ashland Care Center, Ashland; and NALA Southeast District Chair, Janine Petracek, Havelock Manor, Lincoln

This session is designed to spark the conversation about hot topics in the southeast district area. Concepts impacting nursing facilities and assisted living communities will be discussed. Connect with other providers in your area to come up with new ideas and resources to propel you into the future of long-term care.

Audience: All in Assisted Living Facilities and Nursing Facilities
1.25 Credit Hours

AL NF

Western and Southwest Districts: What's Hot and What's Not

Crystal 4

Speakers: Pam Truscott, MSN, Nurse Educator, RN, Vice President of Professional Development, Nebraska Health Care Association, Lincoln, Nebraska; NNFA Western District Chair, Kim Burry, Chimney Rock Villa, Bayard; NNFA Southwest District Chair, Nolan Gurnsey, Linden Court, North Platte; NALA Western District Chair, Tim Frye, Prairie Pines Lodge, Chadron; and NALA Southwest District Chair, Cassie Sundstrom, Linden Estates, North Platte

This session is designed to spark the conversation about hot topics in the western and southwest district areas. Concepts impacting nursing facilities and assisted living communities will be discussed. Connect with other providers in your area to come up with new ideas and resources to propel you into the future of long-term care.

Audience: All in Assisted Living Facilities and Nursing Facilities
1.25 Credit Hours

AL NF

Omaha District: What's Hot and What's Not

Crystal 2

Speakers: Heath Boddy, BA, NHA, President and CEO, Nebraska Health Care Association, Lincoln, Nebraska; NNFA Omaha District Chair, Aimee Middleton, Good Samaritan Society – Millard, Omaha; and NALA Omaha District Chair, Michelle Diaz, Immanuel Courtyard, Omaha

This session is designed to spark the conversation about hot topics in

the Omaha district area. Concepts impacting nursing facilities and assisted living communities will be discussed. Connect with other providers in your area to come up with new ideas and resources to propel you into the future of long-term care.

Audience: All in Assisted Living Facilities and Nursing Facilities
1.25 Credit Hours

AL NF

Northeast and Central Districts: What's Hot and What's Not

Diamond 5-10

Speakers: Kristine Gilroy-Johnson, Director of Membership and Marketing, and Connie Knorr, BSN, RN, Nebraska Health Care Learning Center Lead Instructor, Nebraska Health Care Association, Lincoln, Nebraska; NNFA Northeast District Chair, Stephanie Rucker, Sandhills Care Center, Ainsworth; NNFA Central District Chair, Matthew Blum, Good Samaritan Society – Superior, Superior; NALA Northeast District Chair, Tammy Boettcher, Country View Manor, Butte; and NALA Central District Chair, Dorene Spies, Greeley Assisted Living, Greeley

This session is designed to spark the conversation about hot topics in the northeast and central district areas. Concepts impacting nursing facilities and assisted living communities will be discussed. Connect with other providers in your area to come up with new ideas and resources to propel you into the future of long-term care.

Audience: All in Assisted Living Facilities and Nursing Facilities
1.25 Credit Hours

(schedule details continued on next page)

AL Assisted Living Focus

NF Nursing Facility Focus

LPN Suitable for LPNs

LEAD Suitable for LEAD Members

NNHQIC: National Nursing Home Quality Improvement Campaign

SCHEDULE DETAILS | TUESDAY, APRIL 16

8:00 a.m. to 9:15 a.m. Education Sessions, Continued

AL NF LPN NNHQIC
Sex, Drugs, and Rolling Walkers
Crystal 1

Speaker: Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living, Bayside, New York

As the long-term care industry faces major challenges in regulation, finance and staffing, the shift in demographics to a younger, more complex, transient population has added another layer of stress. Resources to develop the type of care and service needed to address issues of long-standing mental disorders, substance use, addictions, and other behavioral health needs are in short supply. This session offers a variety of ideas for anticipating and developing common sense approaches to these contemporary challenges.

Audience: All in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
1.25 Credit Hours

9:15 a.m. to 9:30 a.m.

Break

Sponsored by Nebraska Total Care

9:30 a.m. to 10:00 a.m.

AL NF LPN LEAD
Embracing the Disruption

Crystal 1-2-3

Speaker: Heath Boddy BA, NHA, President and CEO, Nebraska Health Care Association, Lincoln, Nebraska

The message will challenge providers in how they view their role in Nebraska's current health care landscape. Topics will include legislation, regulation, reimbursement, and quality improvement activities and tools affecting Nebraska's health care profession.

Audience: All in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
0.5 Credit Hours

10:00 a.m. to 11:00 a.m.

OPENING KEYNOTE

AL NF LPN LEAD

Caregivers, Take Care! Balancing Work, Caregiving, and Personal Well Being

Crystal 1-2-3

Speaker: Jerry Bridge, Author and Humorist, Jerry Bridge, Inc., San Luis Obispo, California

The number of workers with eldercare responsibilities is rising dramatically. More than 40 percent of U.S. workers have provided care for an aging relative or friend in the past five



Jerry Bridge

years. About half of the entire workforce should expect to be providing eldercare in the coming five years! Whether you're a caregiver by profession or one of the many millions of American workers who

now find themselves in that role, you will benefit from resources, principles and best practices for balancing work, family and caregiving. This session offers inspiration and healing, even a bit of humor, for empowering working caregivers.

Audience: All in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
1 Credit Hour

11:00 a.m. to 12:00 p.m.

LUNCH

Buffet in Pre-Function Area Seating in Crystal 1-2-3

For Convention Registrants and Trade Show Exhibitors

Sponsored by Community Pharmacy

11:00 a.m. to 12:00 p.m.

LPNAN Awards Luncheon

Ruby 6

LPNAN Members Only

11:00 a.m. to 12:00 p.m.

NNFA Board Chair's Lunch

Ruby 1

NALA Board Chair's Lunch

Ruby 2

12:00 p.m. to 12:15 p.m.

Break

(schedule details continued on next page)

SCHEDULE DETAILS | TUESDAY, APRIL 16

12:15 p.m. to 1:30 p.m.

Education Sessions

AL NF LPN LEAD NNHQIC

Huddle Up! Creating an Individualized Huddle Approach that Drives Sustained Quality Improvement and Employee Engagement

Crystal 1

Speaker: Jalene Carpenter, NHA, National Research Corporation, Lincoln, Nebraska

Better communication is a common concern we hear from team members, residents and family members. We know that improvement in communication improves outcomes on all levels, yet we struggle to find a sustainable solution. Huddles are that solution, but how do you start? What do you talk about? How long should it be? Who should go? How do I get people to talk? There is no "one size fits all" approach to a huddle. The answers lie in your data and following the Baldrige approach for continual process improvement. Organizations who have implemented a sustained huddle process have seen improvement in quality outcomes and customer and employee satisfaction, which in turn increases revenue and reduces turnover.

Audience: All Except Administrators in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
1.25 Credit Hours

AL NF LPN LEAD

Critical Techniques for Operational Stability and Profitability

Crystal 2

Speaker: Clint Maun, CSP, Maun-Lemke Speaking and Consulting, LLC, Omaha Nebraska

Today's skilled nursing operations face major challenges to success. Peaks and valleys in performance put everything in a chaotic state. Your leadership team can develop simple systems to insure high quality, great compliance, excellent

customer service, integrated partnership involvement, and profitability.

Audience: All Except Administrators in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
1.25 Credit Hours

AL NF LPN

A Quality Perspective

Crystal 3

Speaker: Pam Truscott, MSN, Nurse Educator, RN, Vice President of Professional Development, Nebraska Health Care Association, Lincoln, Nebraska

More than ever, quality is taking a front seat to health care. Nursing facilities and assisted living communities are being forced to prove that they are worthy and provide quality care and services. This session is aimed at enhancing your knowledge of why "quality" is a buzz word and what you need to do to stay cutting edge in an ever-changing environment.

Audience: All Except Administrators in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
1.25 Credit Hours

AL NF

Are You Prepared? Food Safety and Sanitation During a Disaster

Crystal 4

Speaker: Elaine Farley Zoucha, RD, LMNT, LD, EZ Nutrition Consulting, PC, Owner and President, Columbus, Nebraska

A disaster implies an unforeseen occurrence, bringing with it destruction of life and/or property. At your facility, there can be two types of disaster: internal and external. Planning and practicing is the key to assuring your facility can provide nutrition and hydration safely to your clients during this period.

Audience: Dietary in Assisted Living Facilities and Nursing Facilities
1.25 Credit Hours

This session may be utilized to meet the Nebraska nursing home regulatory requirement 12-006.04B2c of at least 15 hours of continuing education each year, 5 hours of which relate to sanitation.

12:15 p.m. to 1:45 p.m.

AL NF LEAD

NNFA/NALA Membership Meeting

Diamond 5-10

For NNFA/NALA Members Only

Speaker: Heath Boddy, BA, NHA, President and CEO, Nebraska Health Care Association, Lincoln, Nebraska

The program offered during the NNFA/NALA membership meeting will enable participants to develop an understanding of current Medicaid and other reimbursement processes, regulations impacting practices and policies, and quality improvement initiatives and tools.

Audience: Administrators in Assisted Living Facilities and Nursing Facilities
1.5 Credit Hours

1:30 p.m. to 3:45 p.m.

Trade Show

Break in Trade Show Area

Diamond Ballroom

Break Sponsored by Infinity Rehab



(schedule details continued on next page)

AL Assisted Living Focus

NF Nursing Facility Focus

LPN Suitable for LPNs

LEAD Suitable for LEAD Members

NNHQIC: National Nursing Home Quality Improvement Campaign

SCHEDULE DETAILS | TUESDAY, APRIL 16

1:45 p.m. to 2:15 p.m.

LPNAN Round Table Discussion

Ruby 3

LPNAN Members Only

1:45 p.m. to 2:15 p.m.

LPNAN Student Forum

Ruby 6

LPNAN Student Members Only

3:15 p.m. to 3:45 p.m.

Trade Show Prize Drawings

3:45 p.m.

Trade Show Closes

4:00 p.m. to 5:00 p.m.

CLOSING KEYNOTE

AL NF LPN LEAD

It's a Jungle Out There: How to Survive and Prosper in the New Health Care Environment

Crystal 1-2-3

Sponsorship Grant from Love Funding

Speaker: Clint Maun, CSP, Maun-Lemke Speaking and Consulting, LLC, Omaha, Nebraska

Discover methods for improving your attitude, motivation, and implementing a positive life and business focus. There is no question that stress is one of the most dangerous



Clint Maun, CSP

and damaging things on the planet. Few people, however, ever learn to deal with and channel their stress properly. While the situations that present stress in our lives are often out of our control, the response to those stressors is our decision. This presentation allows the participants to be involved in specific learning exercises while having fun.

Audience: All in Assisted Living Facilities and Nursing Facilities and Licensed Practical Nurses
1.25 Credit Hours

5:15 p.m. to 6:30 p.m.

Vendor Reception

Diamond 5

For Convention Registrants and Trade Show Exhibitors

Cash Bar and Appetizers