

The following guidance on nasal swabbing was approved by the Nebraska Department of Health and Human Services on November 18, 2020.

### **Nasal swabbing of others**

- **PREFERRED:** The individual performing the nasal swab of others is a licensed health care professional who has received instruction and is competent to perform the nasal swab process on others.
- **ALLOWABLE:** If it is not feasible for a licensed health care professional to perform the nasal swab of others, then another individual, including an unlicensed person, who has received instruction and been verified as competent to perform the process, can provide the nasal swab of others.

### **Nasal self-swabbing**

- **PREFERRED:** The individual self-swabbing has received instruction on how to correctly perform the nasal swab and is supervised by a licensed health care professional who has received instruction and is competent to oversee the nasal swab process.
- **ALLOWABLE:** If it is not feasible for a licensed health care professional to supervise the self-swabbing, then another individual, including an unlicensed person, who has received instruction and been verified as competent to oversee the process, can provide the supervision of self-swabbing.

### **Nasopharyngeal swabbing**

- **PREFERRED:** The individual performing the nasopharyngeal swab of others is a licensed health care professional who has received instruction and is competent to perform the nasopharyngeal swab process on others.
- **ALLOWABLE:** If it is not feasible for a licensed health care professional to perform the nasopharyngeal swab of others, then another individual, including an unlicensed person, who has received instruction and been verified as competent to perform the process, can provide the nasopharyngeal swab of others.

### **More Information from the Center for Disease Control and Prevention**

- *How to Collect Your Anterior Nasal Swab Sample for COVID-19 Testing:*  
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/COVID-19-anterior-self-swab-testing-center.pdf>
- *Interim Guidelines for Collecting, Handling, and Testing Clinical Specimens for COVID-19:* <https://www.cdc.gov/coronavirus/2019-ncov/lab/guidelines-clinical-specimens.html>
- *Interim Guidance for Rapid Antigen Testing for SARS-CoV-2:*  
<https://www.cdc.gov/coronavirus/2019-ncov/lab/resources/antigen-tests-guidelines.html>