

ICAP Suggested Plan for Managing New Admissions, Readmissions and Return from Community Outings

Definitions:

Fully COVID vaccinated resident:

- ≥2 weeks following receipt of the second dose in a 2-dose series
- ≥2 weeks following receipt of one dose of a single-dose vaccine

Unvaccinated resident:

- Has not received any COVID vaccination.

Partially vaccinated resident:

- Less than 2 weeks following receipt of the second dose in a 2-dose series
- Less than 2 weeks following receipt of one dose of a single-dose vaccine

Admission/ Readmission/ Return Plan for Fully Vaccinated Residents:

- Screen for symptoms and exposure upon admission.
 - If symptoms identified - need to isolate resident in private room (light red zone). Do not admit in COVID-unit (red zone) unless COVID confirmed.
 - If exposure identified will need to establish yellow zone for admission and quarantine in a private room.
- After passing the screen (i.e. no symptoms and no exposure identified):
 - **Admit to green zone**
 - Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
 - Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry

Admission/ Readmission/ Return Plan for Unvaccinated or Partially Vaccinated Residents:

- Screen for symptoms and exposure upon admission.
 - If symptoms identified - need to isolate resident in private room (light red zone). Do not admit in COVID-unit (red zone) unless COVID confirmed.
 - If exposure identified will need to establish yellow zone for admission and quarantine in a private room.
- After passing the screen (i.e. no symptoms and no exposure identified):
 - **Admit to the Gray Zone**
 - Follow usual gray zone protocols

Duration of Gray Zone Quarantine

- Duration of quarantine in gray zone remains to be 14 days as this is the preferred duration for quarantine as per the CDC. In general (**especially if LTCF is located in yellow or red counties OR if located in green counties with resident vaccination rate <70% in the facility**):
 - Quarantine residents for 14 days in gray zones
 - Consider testing for COVID-19 before discontinuing isolation
- **LTCF with >70% resident vaccination rate in green counties:**
 - May use the CDC reduced quarantine duration of 10 or 7 days for gray zones
 - Continue to test twice weekly for 14 days when shortened quarantine duration of 7 or 10 days is used. (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
 - Continue monitoring (2-3 times per day) for signs and symptoms of COVID-19 (including vital signs and pulse oximetry) for entire 14 days even when quarantine duration is shortened to 7 or 10 days.
- **LTCF in those Local health department jurisdiction or counties where no cases are identified for 2 weeks:**
 - Quarantine in gray zones may not be needed.
 - Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
 - Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry

Education to the residents and families before going out for community outing:

- Facilities should consider encouraging **fully vaccinated residents** to avoid high risk situations as much as possible when they go out in the community.
 - These high-risk situations include but not limited to:
 - Meeting unvaccinated individuals
 - Joining large gatherings (e.g going to a game)
 - Mask-less exposures in community/public (e.g., dining in restaurants)
 - Attending crowded gatherings (as maintaining physical distancing will be challenging in that scenario)
- General education on infection prevention and control measures including masking, hand hygiene and physical distancing should be provided to both residents and family members along with above mentioned guidance.



Updated 3/11/2021

References:

Centers for Disease Control and Prevention (CDC). Updated healthcare infection prevention and control recommendations in response to COVID-19 Vaccination. (2021, March 10). Retrieved March 11, 2021, from <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html>

Centers for Disease Control and Prevention (CDC). Science Brief: Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing. Retrieved March 11, 2021, from <https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html>